



[www.iNaturalCatering.com](http://www.iNaturalCatering.com)

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*iNatural's farm to table commitment to ethically use natural ingredients also takes the extra step to make sure that as best as possible preservatives & chemical additives are omitted (we affectionately call it "just short of organic") in order to assure each meal is delicious and assists you in your health, wellness & weight management plan*

## BREAKFAST

**B'FAST PRICING AVAILABLE MONDAY-FRIDAY 5AM-11AM (AFTERNOONS, HOLIDAYS & WEEKENDS MAY VARY)**  
**INCLUDES DISPOSABLE SERVICEWARE**  
**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**  
**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**  
**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**  
**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**  
**PICK UP OPTION AVAILABLE**

### BASIC CONTINENTAL

Choose three (3) items below. Served with Orange Juice.

#### FRUIT & CHEESE DANISH

#### ASSORTED MUFFINS

#### PECAN ROLLS / CINNAMON ROLLS

#### ASSORTED CHEESE, HERB & TRADITIONAL HOMEMADE DROP BISCUITS

#### ASSORTED MINI BAGELS W/CREAM CHEESE

#### GRANOLA BARS

#### BUTTER, HONEY & ASSORTED JELLY

10-49 ..... \$5.50 / person  
50+ ..... \$4.95 / person

### BAGEL CONTINENTAL

**ASSORTED BAGELS. MAY INCLUDE PLAIN, SESAME, EVERYTHING & CINNAMON BAGELS W/ CREAM CHEESE**

**ASSORTED MUFFIN. MAY INCLUDE APPLE CRUMB, CHOCOLATE & BLUEBERRY MUFFIN**

#### BUTTER, HONEY & ASSORTED JELLY

#### ORANGE JUICE

10-49 ..... \$7.25 / person  
50+ ..... \$6.95 / person



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## EUROPEAN CONTINENTAL

**SEASONAL GOURMET FRESH FRUIT**

**ALL-NATURAL YOGURT & GRANOLA**

**SLICED EUROPEAN CHEESE TRAY**

**ASSORTED BISCUITS & SCONES**

**GOURMET PRESERVES & JAMS**

**ORANGE JUICE**

**CRANBERRY JUICE**

10-49 ..... \$14.00 / person

50+ ..... \$13.00 / person

## YOGURT-GRANOLA PARFAIT & STEEL CUT OATS

**STEEL CUT OAT W/ (ON THE SIDE) DRIED CRANBERRIES, NUTS, CINNAMON, BROWN & RAW SUGAR, MILK**

**ALL-NATURAL GRANOLA W/ FRESH FRUIT, MAPLE & VANILLA GREEK YOGURT PARFAIT**

**HOMEMADE DROP BISCUITS**

**BUTTER, HONEY & ASSORTED JELLY**

10-49 ..... \$8.95 / person

50+ ..... \$8.40 / person

## YOGURT-GRANOLA PARFAIT + BASIC CONTINENTAL

**ALL-NATURAL GRANOLA W/ FRESH FRUIT, MAPLE & VANILLA GREEK YOGURT PARFAIT**

**BASIC CONTINENTAL (CHOOSE ANY 3 ITEMS FROM ITS SELECTIONS ABOVE)**

10-49 ..... \$9.50 / person

50+ ..... \$9.00 / person



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## FRITTATAS

**VEGETARIAN** - GREEN ONION, RED BELL PEPPER, BROCCOLI, PURPLE ONION

**SAUSAGE** - TURKEY SAUSAGE & SHARP CHEDDAR

**MEDITERRANEAN** - TURKEY, FETA & SPINACH

10-49 ..... CONTACT FOR PRICING

50+ ..... CONTACT FOR PRICING

## TRADITIONAL SOUTHERN

**SCRAMBLED EGGS**

**BACON (TURKEY PRODUCT)**

**iNATURAL'S SIGNATURE SCRATCH 5-SPICE PATTY SAUSAGE (TURKEY PRODUCT)**

**CHEESY CHEESE GRITS OR HOMEMADE HERB BREAKFAST POTATOES**

**BISCUIT (PLAIN OR SAVORY) & CROISSANT**

**ASSORTED BREAKFAST BREADS (MUFFIN OR PASTRIES OR MINI DELECTABLES)**

10-49 ..... \$10.95 / person

50+ ..... \$10.55 / person

## TRADITIONAL SOUTHERN PLUS - (20 PERSON MIMIMUM)

**CHOICE OF 3 MEATS:**

**IN-HOUSE SEASONED SCRATCHSAUSAGE PATTIES**

**BACON (BOTH TURKEY PRODUCTS)**

**CHICKEN & APPLE SAUSAGE,**

**EGG SCRAMBLE W/ GREEN ONION & BELL PEPPER**

**CHEESY CHEESE GRITS OR HOMEMADE CRISP OVEN ROASTED HERB BREAKFAST POTATOES**

**ASSORTED CROISSANT & BISCUIT PLATTER**

**ASSORTED PASTRIES & MUFFINS**

**SEASONAL FRESH FRUIT BOWL**

20-49 ..... \$13.50 / person

50+ ..... \$12.99 / person



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## OMELETS MADE TO ORDER

Requires on-site chef. Served with choice of home-style or potatoes

O'Brien, seasonal fresh fruit and assorted pastries

**CRUMBLLED HOUSE MADE TURKEY SAUSAGE, DICED TURKEY BACON,**

**JACK & CHEDDAR CHEESE, MUSHROOMS, GREEN PEPPERS, ONIONS,**

**JULIENNE VEGETABLES, FRESH TOMATOES, BLACK OLIVES, SOUR CREAM & FRESH SALSA**

15-49 ..... CONTACT FOR PRICING

50+ ..... CONTACT FOR PRICING

## SWEET BREAKFAST - *\*Requires Two Day Notice*

**COMES WITH: EGG SCRAMBLE & SEASONAL FRESH FRUIT**

**Choose one (1):**

**BLUEBERRY FRENCH TOAST CASSEROLE WITH BLUEBERRY SYRUP AND POWDERED SUGAR GLAZE**

**GRAND MARINER FRENCH TOAST CASSEROLE WITH ORANGE GLAZE**

**BUTTERMILK PANCAKES WITH BUTTER & SYRUP**

15-49 ..... \$11.00 / person

50+ ..... \$10.50 / person

## A LA CARTE

**HARD BOILED EGGS**

**YOGURT-GRANOLA PARFAIT**

**STEEL CUT OATMEAL**

**BOWL OF FRUIT (10+ PERSON MINIMUM)**

**BISCUITS (PLAIN, SAVORY, CHEDDAR)**

**SWEET & SAVORY CROISSANT**

**COFFEE**

**ASSORTED JUICE**

**FRESH PRESSED JUICE**

**FRESHLY BLENDED SMOOTHIES**



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## BLUEBERRY FRENCH TOAST CASSEROLE

**WITH BLUEBERRY SYRUP AND POWDERED SUGAR GLAZE**

Small (serves 10) ..... \$35.00

Large (serves 25) ..... \$55.00

## GRAND MARNIER FRENCH TOAST CASSEROLE

**WITH ORANGE GLAZE**

Small (serves 10) ..... \$35.00

Large (serves 25) ..... \$55.00

## YOGURT

**WITH GRANOLA AND FRUIT TOPPINGS**

Plain, maple sweetened or honey.

Small (serves 10) ..... \$4.00

Large (serves 25) ..... \$80.00

## FRESH ASSORTED BAGELS

**WITH ASSORTED CREAM CHEESES**

Tray of 12 ..... \$25.00

Tray of 25 ..... \$50.00

## FRESH FRUIT PLATTERS

12" (serves up to 15)..... \$40.00

16" (serves up to 25)..... \$58.00

## BREAKFAST BURRITOS

**EGG & CHEESE** ..... \$4.50 each

**EGG, TURKEY BACON & CHEESE** ..... \$4.75 each

**EGG, TURKEY BACON W/SCALLIONS & PEPPER JACK CHEESE** ..... \$5.25 each

**EGG, HOUSE MADE TURKEY SAUSAGE W/SCALLIONS & PEPPER JACK CHEESE** ..... \$5.50 each

**EGG WHITE SCRAMBLE** w/ Herbs de Provence, Wild Mushrooms, Spinach, and Boursin cheese ..... \$5.75 each

**SERVED WITH SALSA**

Minimum of 10 per item



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## SWEET & SAVORY CROISSANTS

BUTTER .....	\$2.75 each
CHOCOLATE .....	\$3.00 each
STRAWBERRY & CREAM CHEESE .....	\$3.25 each
HOUSE MADE TURKEY SAUSAGE, EGG & CHEDDAR CROISSANT ....	\$5.25 each
HOUSE MADE TURKEY SAUSAGE & CHEESE CROISSANT .....	\$4.75 each
EGG & SWISS CHEESE CROISSANT .....	\$4.75 each
CARAMELIZED ONION & MUSHROOM CROISSANT .....	\$5.25 each

Minimum of 6 per item

## ADDITIONAL ITEMS

HARD BOILED EGGS .....	\$1.75 each
INDIVIDUAL SERVING SIZED YOGURT .....	\$4.00 each
ASSORTED GOURMET PASTRY	
Tray of 25 .....	\$50.00 each
TURKEY BACON .....	\$1.00 each
TURKEY SAUSAGE PATTIES .....	\$1.15 each
TURKEY SAUSAGE LINK .....	\$1.05 each
CHICKEN & APPLE SAUSAGE .....	\$2.50 each

## COFFEE

### REGULAR OR DECAF

96 oz. - (8-12 cups) .....	\$17.99
192 oz. - (16-24 cups) .....	\$35.99

## JUICE

ORANGE JUICE or ASSORTED JUICE (gallon) .....	\$15.00 per gallon
INDIVIDUAL ORANGE JUICE .....	1.50 each
INDIVIDUAL APPLE JUICE .....	1.50 each
FRESH PRESSED ORANGE, OR GRAPEFRUIT, OR APPLE-CARROT-GINGER (1/2 gallon) .....	UP TO 28.00 each
FRESH PRESSED ORANGE OR GRAPEFRUIT (individual 16 oz.) ...	6.99 each



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# HEALTHY BREAKFAST

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**PICK UP OPTION AVAILABLE**

## HEALTHY BREAKFAST #1

**LOW FAT YOGURT WITH GRANOLA**

**SEASONAL FRESH FRUIT**

**HARD BOILED EGGS**

12-24 ..... \$7.25

25+ ..... \$6.75

## HEALTHY BREAKFAST #2

Egg white omelet roll with low fat cream cheese,  
fresh spinach & mushrooms. Served with fresh salsa

**SCONES OR MUFFINS**

**SEASONAL FRESH FRUIT**

12-24 ..... \$8.25

25+ ..... \$7.75



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## HEALTHY BREAKFAST #3

**CHEF FORRISS' SLOW COOKED W/ SPICES & VANILLA STEEL CUT OATS**

**COMES ON THE SIDE: RAW & BROWN SUGAR, NUTS, DRIED CRANBERRIES & MILK**

MINIMUM OF 12 ..... \$4.00 PER PERSON

## HEALTHY BREAKFAST #4

**STEEL CUT OATMEAL w/ RAW & BROWN SUGAR, NUTS, DRIED CRANBERRIES, MILK**

**SEASONAL FRESH FRUIT**

**SCRATCH DROP BISCUIT**

**BUTTER & JELLY**

12-49 ..... \$8.00

50+ ..... \$7.50

## HEALTHY BREAKFAST #5 (carb conscious)

**EGG WHITE SCRAMBLE W/ GREEN ONION AND BELL PEPPER**

**5-SPICE HOMEMADE TURKEY SAUSAGE PATTY**

**LOW FAT COTTAGE CHEESE INFUSED W/ FRESHLY DICED HERBS**

12-24 ..... \$9.50

25+ ..... \$8.00





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## HEALTHY BREAKFAST / BRUNCH - #6

### Homemade Brunch Bread Assortment

Choose Any 3 - (availability varies - 48 hour notice required)

**BANANA**

**CRANBERRY ORANGE NUT**

**IRISH SODA W/ WALNUTS**

**PEACH ALMOND**

**PUMPKIN**

**ZUCCHINI**

**Served with:**

**CHICKEN APPLE SAUSAGE**

**CARAMELIZED SWEET POTATO HASH**

**SEASONAL FRESH FRUIT**

**BUTTER & GOURMET PRESERVES/JAMS**

**COFFEE**

15-49 ..... \$15.00

50+ ..... \$14.00

## HEALTHY BREAKFAST #7 (Lactose-free)

**FRESH HOMEMADE ALMOND MILK AVAILABLE TO POUR OVER**

**GRANOLA, STRAWBERRIES, BLUEBERRIES AND BANANAS**

12-49 ..... CONTACT FOR PRICING

50+ ..... CONTACT FOR PRICING



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## HOT LUNCH

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### GRILLED SALMON

Ginger lemon pepper salmon served with flame grilled asparagus, Caesar or kale salad, & assorted organic breads

10-24 ..... \$15.95

25+ ..... \$15.50

50+ ..... \$15.00

100+ ..... \$14.50

### GRILLED SALMON FILET

Oven roasted sweet and salty wild caught salmon filet drizzled with a brown sugar lemon garlic glaze. Served with buttery new potatoes and Caesar or kale salad & freshly baked bread assortment.

10-24 ..... \$15.95

25+ ..... \$15.50

50+ ..... \$15.00

100+ ..... \$14.50



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## CHICKEN PICCATA

Breast of all-natural chicken pounded into medallions, lightly dusted and pan seared, finished in a light lemon caper butter.

Served with angel hair pasta, salad & assorted organic breads

10-24 ..... \$13.95  
25+ ..... \$13.50  
50+ ..... \$13.25  
100+ ..... \$13.00

## iNATURAL'S SIGNATURE GARLIC & HERB

Marinated & flame grilled boneless skinless all natural chicken breast infused with special house garlic & herb seasoning.

Served with rice pilaf, salad & assorted organic breads

10-24 ..... \$12.75  
25+ ..... \$12.50  
50+ ..... \$12.25  
100+ ..... \$12.00

## BASIL TOMATO DRIZZLE

Succulent roasted all natural chicken breast seasoned with authentic country Italian spices and drizzled with a scratch made basil tomato sauce. Served with garlic mashed potatoes, salad and organic assorted breads.

10-24 ..... \$12.75  
25+ ..... \$12.50  
50+ ..... \$12.25  
100+ ..... \$12.00



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## ZUCCHINI LIME CHICKEN

Breast of all-natural chicken stuffed with zucchini and lime-bread stuffing with a lime chardonnay sauce. Served with rice pilaf, Kale or Caesar Salad, fresh baked organic mini corn muffin & organic mini palm biscuits.

10-24 ..... \$14.50  
25+ ..... \$13.50  
50+ ..... \$13.25  
100+ ..... \$13.00

## SANTORINI CHICKEN

Boneless breast of all-natural chicken grilled with lemon herb seasoning. Garnished with artichoke hearts, sundried tomatoes, & shredded fresh basil. Served with rice pilaf, mixed green salad, fresh baked organic mini corn muffins & organic mini palm biscuits.

10-24 ..... \$14.50  
25+ ..... \$13.50  
50+ ..... \$13.25  
100+ ..... \$13.00

## CHICKEN VERONIQUE

Boneless breast of all-natural chicken with a champagne cream sauce & grape garnish. Served with champagne rice, fresh baked organic mini corn muffin & organic mini palm biscuits.

10-24 ..... \$13.75  
25+ ..... \$12.50  
50+ ..... \$12.25  
100+ ..... \$12.00



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## CHICKEN SKEWER (gluten-free)

All-natural chicken grilled & skewered with a tangy teriyaki glaze or sweet-and-sour sauce. Served with almond rice pilaf, house garden salad, fresh baked organic gluten-free mini corn muffin & organic mini palm biscuits.

10-24 ..... \$12.50

25+ ..... \$11.50

50+ ..... \$11.25

100+ ..... \$11.00

## CHICKEN PARMIGIANA

Classic parmigiana with marinara & melted mozzarella cheese. Served with a stuffed pasta shell, Caesar salad, fresh baked organic mini corn muffin & organic mini palm biscuits.

10-24 ..... \$13.50

25+ ..... \$12.50

50+ ..... \$12.25

100+ ..... \$12.00

## ROSEMARY GRILLED CHICKEN (gluten-free)

Boneless breast of all-natural chicken with rosemary sauce. Served with parsley-buttered potatoes, mixed green salad, fresh baked organic gluten-free mini corn muffin & organic mini palm biscuits.

10-24 ..... \$12.50

25+ ..... \$11.50

50+ ..... \$11.25

100+ ..... \$11.00



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## SOUTHWEST CHICKEN

Boneless all-natural chicken stuffed with pepper jack cheese in a light cilantro cream sauce & topped with corn cilantro relish. Served with white rice and black beans, mixed green salad & fresh baked organic mini corn muffin & organic mini palm biscuits.

10-24 ..... \$14.50

25+ ..... \$13.50

50+ ..... \$13.25

100+ ..... \$13.00

## CHICKEN MARSALA

Boneless skinless all-natural chicken breast with mushrooms & marsala wine sauce. Served with rice pilaf, choice of salad, fresh baked organic mini corn muffin & organic mini palm biscuits.

10-24 ..... \$13.95

25+ ..... \$13.50

50+ ..... \$13.25

100+ ..... \$13.00

## LEMON PEPPER CHICKEN (gluten-free)

Boneless breast seasoned with zesty lemon pepper. Served with almond rice pilaf, mixed green salad, fresh baked organic gluten-free mini corn muffin & organic mini palm biscuits.

10-24 ..... \$12.50

25+ ..... \$12.25

50+ ..... \$12.00

100+ ..... \$11.75



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## CHICKEN VALENCIA

Boneless breast of all-natural chicken topped with avocado, sundried tomatoes, melted provolone cheese & a zesty orange sauce. Served with orzo, wild field greens salad, fresh baked organic mini corn muffin & organic mini palm biscuits.

10-24 ..... \$14.50  
25+ ..... \$13.50  
50+ ..... \$13.25  
100+ ..... \$13.00

## MANGO BBQ CHICKEN (gluten-free)

Flame grilled marinated all-natural chicken breast tossed in iNatural's signature homemade mango glaze garnished with freshly diced pineapple chunks. Served with garlic-mashed potatoes, freshly baked gluten-free mini corn muffin & mini palm biscuits.

10-24 ..... \$12.50  
25+ ..... \$12.25  
50+ ..... \$12.00  
100+ ..... \$11.75

### **2<sup>ND</sup> ENTRÉE ADD-ON'S:**

Add Tilapia or Hake: \$2.75 upcharge  
Add Chicken or Turkey: \$3.00 upcharge  
Add Shrimp: \$3.50  
Add Stuffed Tilapia or Stuffed Hake: \$3.55  
Add Stuffed Chicken or Stuffed Turkey: \$3.75  
Add Beef: (Roast) \$4.00 upcharge - Beef Tenderloin: \$7.00  
Add Salmon: \$5.50



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## HOT LUNCH (Where's The Beef!)

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### **SIRLOIN TIP** *\*Requires Two Day Notice*

Sirloin tip with light seasoning or robust garlic seasoning, comes with chimichurri sauce. Served with red roasted garlic potatoes, julienne vegetables, fresh baked organic mini corn muffin & organic mini palm biscuits

10-24 ..... \$16.50

25 + ..... \$16.00

50+ ..... \$15.50

100+ ..... \$15.00

### **DEMI-GLAZED BEEF TIPS** *\*Requires Two Day Notice*

Tender tips of beef. Served with garlic-buttered noodles,

kale salad, fresh baked organic mini corn muffin &

organic mini palm biscuits

10-24 ..... \$14.00

25+ ..... \$13.75

50+ ..... \$13.50

100+ ..... \$13.00





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## **ROAST BEEF & CHEDDAR HOAGIES** *\*Requires Two Day Notice*

Thinly roast beef, tangy BBQ sauce & house pimento cheese  
on hoagie rolls. Served with baked beans & homemade potato salad

10-24 ..... \$12.50

25+ ..... \$12.00

50+ ..... \$11.50

100+ ..... \$11.00

## **SMOKED HICKORY BEEF BRISKET** *\*Requires Two Day Notice*

Smoked hickory brisket of beef with tangy BBQ sauce. Served  
with baked beans, homemade potato salad, fresh baked organic  
mini corn muffin & organic mini palm biscuits

(Brisket requires 2-day notice)

25+ ..... \$13.75

50+ ..... \$13.25

100+ ..... \$13.00

## **BRAISED BEEF** *\*Requires Two Day Notice*

Braised and deglazed for extra flavor, then slowly  
simmered au jus. Delicious! Served with root vegetables  
and garlic mashed potatoes, fresh baked organic mini corn  
muffin & organic mini palm biscuits

10-24 ..... \$14.25

25+ ..... \$14.00

50+ ..... \$13.50

100+ ..... \$13.00



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## MANGO PINEAPPLE BBQ BEEF BRISKET *\*Requires Two Day Notice*

Marinated beef brisket drizzled with a scratch made sweet & savory glaze served with steak fries, and sautéed Kale

(Brisket requires 2-day notice)

25+ ..... \$14.50  
50+ ..... \$14.00  
100+ ..... \$13.50

## LUNCHTIME BBQ *\*Requires Two Day Notice*

Beef ribs or bone-in chicken with tangy BBQ sauce. Served with baked beans, homemade potato salad, fresh baked organic mini corn muffin & organic mini palm biscuits

(BBQ requires 2-day notice)

### CHICKEN ONLY

10-24 ..... \$10.50  
25+ ..... \$9.95  
50+ ..... \$9.50  
100+ ..... \$9.00

### BEEF RIBS ONLY

10-24 ..... \$15.50  
25+ ..... \$15.00  
50+ ..... \$14.50  
100+ ..... \$14.00

### CHICKEN & BEEF RIBS

10-24 ..... \$18.75  
25+ ..... \$18.50  
50+ ..... \$18.00  
100+ ..... \$17.50



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## **iNATURAL's FAMOUS POT ROAST** *\*Requires Two Day Notice*

Slow-cooked pot roast. Served with mashed potatoes & gravy,  
fresh vegetable medley, fresh baked organic mini corn muffin  
& organic mini palm biscuits

10-24 ..... \$14.50

25+ ..... \$14.00

50+ ..... \$13.50

100+ ..... \$13.00

## **SZECHWAN BEEF** *\*Requires Two Day Notice*

Sliced sirloin beef with Szechwan sauce. Served with steamed  
rice, vegetable stir-fry, fresh baked organic mini corn muffin  
& organic mini palm biscuits

12-24 ..... \$14.50

25+ ..... \$14.00

50+ ..... \$13.50

100+ ..... \$13.00

## **iNATURAL's SIGNATURE MEAT LOAF**

### **WITH MUSHROOM SAUCE**

Served with macaroni and cheese, green beans  
amandine, fresh baked rolls & butter

12-24 ..... \$12.50

25+ ..... \$12.00

50+ ..... \$11.50

100+ ..... \$11.00



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## FAJITAS

Marinated chicken or beef fajitas with grilled onions, tomatoes and peppers. Served with Spanish rice, pinto beans, sour cream, fresh chips & salsa and your choice of flour or corn tortillas

12-24 .....\$13.50

25+ ..... \$13.00

50+ ..... \$12.50

100+ ..... \$12.00

### **2<sup>ND</sup> ENTRÉE ADD-ON'S:**

Add Tilapia or Hake: \$2.75 upcharge

Add Chicken or Turkey: \$3.00 upcharge

Add Shrimp: \$3.50

Add Stuffed Tilapia or Stuffed Hake: \$3.55

Add Stuffed Chicken or Stuffed Turkey: \$3.75

Add Beef: \$4.00 upcharge - Beef Tenderloin: \$7.00

Add Salmon: \$5.50



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## HOT LUNCH (VEGETARIAN & VEGAN)

**VEGAN/VEGETARIAN LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS EXCLUDED)**

**INCLUDES DISPOSABLE SERVICEWARE  
MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY  
MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY  
MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY  
ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY  
PICK UP OPTION AVAILABLE**

### PASTA BUFFET (vegetarian)

ITALIAN LASAGNA  
VEGETARIAN LASAGNA  
STUFFED PASTA SHELLS  
PENNE MARINARA  
SPINACH MANICOTTI

Served with choice of Caesar or mixed green salad, Parmesan cheese, garlic rolls.

#### One Selection:

10-24 ..... \$10.50  
25+ ..... \$10.25  
50+ ..... \$10.00  
100+ ..... \$9.50

#### Two Selections:

10-24 ..... \$12.50  
25+ ..... \$12.25  
50+ ..... \$12.00  
100+ ..... \$11.50



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## **EGGPLANT PARMESAN** (vegetarian)

Breaded eggplant slices layered with marinara, mozzarella and Parmesan cheese. Served with Caesar salad, grilled marinated vegetables & freshly baked rolls

10-24 ..... \$12.50

25+ ..... \$12.00

50+ ..... \$11.75

100+ ..... \$11.50

## **VEGAN BURGER** (vegan)

House made vegan burger mixture of Grains & Vegetables into a patty w/lettuce & tomato, sprouts on peat pocket half with chips

10-24 ..... \$12.50

25+ ..... \$12.00

50+ ..... \$11.75

100+ ..... \$11.25

## **BROWN RICE STIR FRY** (vegan)

Brown Rice, Sautéed Tofu, Sesame Seeds, Onions & Bell Peppers Drizzled with Bragg's Liquid Amino

10-24 ..... \$13.50

50+ ..... \$12.25

25+ ..... \$12.50

100+ ..... \$11.50

## **SAUTEED KALE OVER QUINOA** (vegan)

Sautéed Kale Over Quinoa Sprinkled with Almond Slices

10-24 ..... \$13.50

25+ ..... \$12.50

50+ ..... \$12.25

100+ ..... \$11.50



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## **MUSHROOM BROCCOLI ONION** (vegan)

With sautéed assorted Seasonal Vegetables Over

Penne Pasta tossed in Olive Oil & Italian Herb

10-24 ..... \$12.00

25+ ..... \$11.50

50+ ..... \$11.25

100+ ..... \$11.00

## **TOFU PICATTA** (vegan)

Sautéed with shallots, mushrooms, capers, lemon juice and white wine. Served with brown rice & julienne vegetables.

10-24 ..... \$12.50

25+ ..... \$11.50

50+ ..... \$11.25

100+ ..... \$11.00



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## HOT LUNCH GLUTEN-FREE

**GLUTEN-FREE LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE  
MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY  
MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY  
MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY  
ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY  
PICK UP OPTION AVAILABLE**

### MANGO BBQ CHICKEN

Flame gilled marinated all natural chicken breast tossed  
in homemade mango BBQ glaze & garnished with freshly  
diced pineapple chunks. Served with garlic mashed potatoes,  
Caesar or kale salad & fresh baked bread assortment

10-24 ..... \$12.50

25+ ..... \$12.25

50+ ..... \$12.00

100+ ..... \$11.75





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## BLACKENED CATCH OF THE DAY

Pan seared fish of the day coated in an all-natural blackened Cajun

Rub guaranteed to excite your palette. Served with rice pilaf,

Almandine, Caesar or kale salad & freshly baked bread assortment

10-24 ..... \$14.75

25+ ..... \$14.50

50+ ..... \$14.00

100+ ..... \$13.75

## GRILLED SALMON

Ginger lemon pepper salmon served with flame grilled

Asparagus, Caesar or kale salad, & assorted breads

10-24 ..... \$15.95

25+ ..... \$15.50

50+ ..... \$15.00

100+ ..... \$14.50

## ROASTED SALMON FILET

Oven roasted sweet and salty wild caught salmon filet drizzled

with a brown sugar lemon garlic glaze. Served with buttery new

potatoes and Caesar or kale salad & freshly baked bread assortment.

10-24 ..... \$15.95

25+ ..... \$15.50

50+ ..... \$15.00

100+ ..... \$14.50



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## CHICKEN PICCATA (gluten-free version)

Breast of all-natural chicken pounded into medallions, lightly dusted in gluten-free flour & pan seared, finished in a light lemon caper butter. Served with gluten-free angel hair pasta, salad & assorted organic breads

10-24 ..... \$14.75

25+ ..... \$14.50

50+ ..... \$14.25

100+ ..... \$14.00



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## HEALTHY LUNCH

**HEALTHY LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**

**PICK UP OPTION AVAILABLE**

### HEALTHY LUNCH #1

**MEDITERRANEAN VEGETABLE WRAP** Whole-wheat tortilla stuffed with grilled vegetables, fresh mozzarella, kalamata olives and romaine lettuce with pesto spread.

**WHOLE WHEAT PASTA SALAD**

**FRUIT SALAD**

12-24 .....\$12.25

25+ .....\$11.25

### HEALTHY LUNCH #2 (served room temperature)

**POACHED SALMON BRUSHED WITH A FRESH DILLED LEMON SOY GLAZE ON A BED OF FRESH SPINACH**

**JASMINE RICE OR CITRUS RICE SALAD**

**STEAMED VEGETABLES**

**MULTIGRAIN ROLLS WITH SMART BALANCE SPREAD**

12-24 .....\$19.25

25+ .....\$17.25



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## HEALTHY LUNCH #3

**CHICKEN PICCATA IN A LIGHT LEMON SAUCE WITH CAPERS**

**STEAMED BROWN RICE, SALAD**

**MULTIGRAIN ROLLS WITH SMART BALANCE SPREAD**

12-24 .....\$13.95

25+ .....\$13.50

## HEALTHY LUNCH #4

**GRILLED GREEK CHICKEN KABOBS**

**RICE PILAF**

**GREEK SALAD WITH GREEK VINAIGRETTE**

**PITA BREAD**

12-24 .....\$12.50

25+ .....\$12.25

**ADD GRILLED MARINATED VEGETABLES** .....\$2.25 / person

**ADD HUMMUS** .....\$1.50 / person

## HEALTHY LUNCH #5

**CHICKEN TUSCANY** Grilled Italian spiced chicken breast, topped with sautéed grilled vegetables & onions.

**RED ROASTED GARLIC POTATOES**

**MIXED GREEN SALAD WITH HERB VINAIGRETTE**

**CIABATTA ROLLS WITH SMART BALANCE SPREAD**

12-24 .....\$13.95

25+ .....\$13.50



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## HEALTHY LUNCH #6

**LEMON PEPPER CHICKEN BREAST**

**STEAMED BROWN RICE**

**WILD MUSHROOM & ASPARAGUS SALAD WITH BALSAMIC VINAIGRETTE**

**MULTIGRAIN ROLLS WITH SMART BALANCE SPREAD**

12-24 .....\$14.25

25+ .....\$13.25

## HEALTHY LUNCH #7

**MANGO PAPAYA CHICKEN** Grilled chicken breast, topped with a homemade mango papaya salsa.

**GREEN BEANS WITH DILL & SHALLOTS**

**MIXED GREEN SALAD WITH LEMON BASIL VINAIGRETTE**

**MULTIGRAIN ROLLS WITH SMART BALANCE SPREAD**

12-24 .....\$14.25

25+ .....\$13.25

## HEALTHY LUNCH #8 (vegetarian)

**PENNE WITH SUNDRIED TOMATOES, FETA CHEESE, BASIL & PINE NUTS IN OLIVE OIL, GARLIC & MARINARA**

**GRILLED MARINATED VEGETABLES**

**CAPRESE SKEWERS INFUSED IN A BASIL PESTO OIL**

**CAESAR OR MIXED GREEN SALAD**

**FOCACCIA BREAD WITH SMART BALANCE SPREAD**

12-24 .....\$15.25

25+ .....\$14.25

## HEALTHY LUNCH #9 (soup & salad)

**VEGETABLE OR LENTIL SOUP**

**PEAR & WALNUT SALAD WITH GRILLED CHICKEN BREAST**

**LOWFAT MUFFIN**

12-24 .....\$13.95

25+ .....\$13.50



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## SANDWICH BUFFETS

**SANDWICH BUFFET LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**

**PICK UP OPTION AVAILABLE**

## COLD BUFFET

### **INATURAL'S FAMOUS PALM SANDWICHES**

Served with two fresh baked Pretzel roll sandwiches.

Includes turkey, signature house chicken salad and roast beef.

### Choice of three accompaniments:

**CRUDITÉ WITH HOUSE MADE RANCH**

**RED NEW POTATO SALAD**

**BROCCOLI PASTA SALAD**

**ASSORTED RELISH & CHEESE TRAY - \$2.50 upcharge**

**FIELD GREEN SALAD**

**KALE SALAD**

**SEASONAL FRESH FRUIT - \$2.50 upcharge**

**CAESAR SALAD**

**MEDITERRANEAN QUINOA SALAD - \$2.50 upcharge**

10-49 ..... \$12.75 / person

50+ ..... \$12.25 / person



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## COLD BUFFET WITH HOT ENTRÉES

Cold Buffet from above + choice of one hot entree:

**ITALIAN, SWEDISH OR SWEET & SOUR MEATBALLS (TURKEY OR BEEF)**

**ITALIAN BEEF OR TURKEY LASAGNA**

**VEGGIE LASAGNA**

**VEGETARIAN CHILI**

**VEGETARIAN QUICHE**

**MACARONI AND CHEESE**

**JUMBO SWEET POTATO OR RUSSETT POTATO WEDGES**

Cold Buffet from above + one hot entrée:

10-49 ..... \$13.00 / person

50+ ..... \$12.50 / person

Cold Buffet from above + two hot entrées:

10-49 ..... \$15.00 / person

50+ ..... \$14.50 / person

## COLD BUFFET WITH SOUP

**CHOOSE 1 SOUP: ROASTED CREAMY TOMATO, CREAMY GARLIC, POTATO LEEK,**

**CHEESY CHEESEBURGER OR VEGETABLE**

Cold Buffet from above + choice of 1 soup:

10-49 ..... \$13.50 / person

50+ ..... \$13.00 / person



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## DELUXE COLD BUFFET

Select 3 deluxe gourmet sandwiches or wraps. Portion two per person:

**FRENCH TURKEY ON WHOLE WHEAT WITH RASPBERRY DIJON MAYONNAISE**

**BLACKENED CHICKEN BREAST WITH CILANTRO MAYO ON CIABATTA**

**PESTO CHICKEN BREAST ON CIABATTA**

**ROAST BEEF AND CHEDDAR WITH CREAMY HORSERADISH ON HOAGIE**

**SMOKED BBQ CHICKEN BREAST WITH SUNDRIED TOMATO MAYO ON CIABATTA**

**RUSTIC VEGETARIAN ON MULTIGRAIN BREAD**

**TURKEY ON FOCACCIA WITH SUNDRIED TOMATO MAYO**

**TURKEY AND CRANBERRY CREAM CHEESE ON CROISSANT**

**TUNA SALAD ON MULTIGRAIN CIABATTA**

**GRILLED VEGGIE WRAP WITH WHOLE WHEAT TORTILLA**

**RANCH CHICKEN BREAST WRAP WITH WHOLE WHEAT TORTILLA**

**SOUTHWEST CHICKEN WRAP WITH TOMATO TORTILLA**

**GREEK CHICKEN & FETA WRAP WITH SPINACH TORTILLA**

**CHICKEN CAESAR SALAD WRAP**

**TURKEY CLUB WRAP**

**QUINOA WRAP**

Choice of three accompaniments:

**CARAMELIZED PECAN CAESAR SALAD**

**LOADED POTATO SALAD**

**GREEK RIGATONI SALAD**

**GRILLED MARINATED VEGETABLES**

**PEAR & ARUGULA SALAD**

**WHOLE WHEAT PASTA SALAD**

**FRESH FRUIT PLATTER**

**MEDITERRANEAN QUINOA SALAD**

**AGAVE FRUIT SALAD**

10-49 ..... \$14.75 / person

50+ ..... \$13.75 / person





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## BOXED SANDWICHES

**BOXED SANDWICH LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE  
MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY  
MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY  
MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY  
ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY  
PICK UP OPTION AVAILABLE**

### THE ASSOCIATE #1

#### 2 MEAT & CHEESE TOPPED ROLLS

A classic sandwich on Pretzel Rolls! One (1) thinly sliced turkey  
+ one (1) pounded chicken breast sandwich, both with an aioli spread.

Served with potato salad, fresh fruit & dessert.

1-4 ..... \$12.50  
5-49 ..... \$12.00  
50+ ..... \$11.75  
100+ ..... \$11.25

### THE ASSOCIATE #2 (vegetarian)

#### VEGETARIAN ON CHEESE TOPPED PALM ROLLS

Two of iNatural's Signature Pretzel Rolls layered with mixed greens,  
provolone cheese, tomato, cucumber, red onion, yellow peppers,  
artichoke and avocado. Served with pasta salad, fresh fruit & dessert.

1-4 ..... \$12.25  
5-49 ..... \$12.00  
50+ ..... \$11.75  
100+ ..... \$11.50



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## THE COLLEAGUE

### **TURKEY, AVOCADO & SWISS ON A FLAKY CROISSANT**

Roasted turkey, sliced avocado & Swiss cheese with lettuce, tomato & light mayo on a flaky croissant.

Served with pasta salad, fresh fruit & dessert.

1-4 ..... \$12.75

5-49 ..... \$12.50

50+ ..... \$12.00

100+ ..... \$11.75

## THE SECRETARY

### **TUNA SALAD SANDWICH**

Tuna salad with chopped celery & onions, crisp lettuce & tomato on 9-grain bread.

Served with potato salad, fresh fruit & dessert.

1-4 ..... \$11.75

5-49 ..... \$11.50

50+ ..... \$11.00

100+ ..... \$12.75

## THE CONTROLLER

### **HOUSE ROASTED TURKEY SANDWICH**

Sliced turkey on a croissant with leaf lettuce, provolone cheese with a raspberry Dijon cream cheese spread.

Served with retell pasta salad, fresh fruit and dessert.

1-4 ..... \$12.25

5-49 ..... \$12.00

50+ ..... \$11.75

100+ ..... \$11.50



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## THE EXECUTIVE

### DOUBLE DECKER CLUB SANDWICH

Layers of turkey and turkey bacon with Swiss cheese, lettuce, tomato & mayo on soft country white bread. Served with homemade potato salad, pickle spear & dessert.

1-4 .....	\$12.75
5-49 .....	\$12.50
50+ .....	\$12.00
100+ .....	\$11.75

## THE PRESIDENT

### ROAST BEEF & CHEDDAR HERO

Thinly sliced braised roast beef & sharp cheddar cheese on a hoagie roll, with lettuce, tomato, red onions and spicy horseradish spread. Served with macaroni salad & dessert.

1-4 .....	\$12.75
5-49 .....	\$12.50
50+ .....	\$12.00
100+ .....	\$11.75

## THE MEETING (vegetarian)

### VEGETARIAN'S DELIGHT

Grilled vegetables including Portobello mushrooms, red peppers, eggplant, zucchini, yellow squash & carrots with a hummus spread on ciabatta. Served with fresh fruit.

1-4 .....	\$12.25
5-49 .....	\$12.00
50+ .....	\$11.75
100+ .....	\$11.50



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## THE CLERK

Turkey breast and cranberry cream cheese on a baguette. Served with feta & rigatoni pasta salad, fresh fruit & dessert.

1-4 .....	\$12.25
5-49 .....	\$12.00
50+ .....	\$11.75
100+ .....	\$11.50

## THE SOCIAL

### **TURKEY BREAST & SUNDRIED TOMATO MAYO ON FOCACCIA**

Two focaccia sandwiches stuffed with thinly sliced turkey breast and sundried tomato mayo. Served with homemade potato salad, fresh fruit & desert.

1-4 .....	\$12.75
5-49 .....	\$12.50
50+ .....	\$12.00
100+ .....	\$11.75

## THE PRESENTATION

### **GRILLED CHICKEN, TURKEY BACON & AVOCADO SANDWICH**

Marinated sliced chicken breast, turkey bacon, sliced avocado, provolone cheese, lettuce, & tomato, with sundried tomato mayo on a baguette. Served with pasta salad & dessert.

1-4 .....	\$12.25
5-49 .....	\$12.00
50+ .....	\$11.75
100+ .....	\$11.00



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## THE BIG DEAL

### PESTO CHICKEN BREAST ON CIABATTA

Marinated sliced grilled chicken breast with pesto,  
provolone cheese & sundried tomato spread on ciabatta.

Served with fresh vegetables, pasta salad, pickle spear & dessert.

1-4 ..... \$12.75

5-49 ..... \$12.50

50+ ..... \$12.00

100+ ..... \$11.75



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## BOXED WRAPS

**BOXED WRAP LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE  
MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY  
MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY  
MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY  
ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY  
PICK UP OPTION AVAILABLE**

### THE TREASURER

#### RANCH CHICKEN BREAST WRAP

Strips of grilled chicken, chopped red onion, shredded lettuce, and jack and cheddar cheeses, with salsa & ranch dressing on the side, wrapped in a flour tortilla. Served with fresh fruit & dessert.

1-4 ..... \$11.25  
5-49 ..... \$11.00  
50+ ..... \$10.50  
100+ ..... \$10.00

### THE REPORT (vegetarian)

#### GRILLED VEGGIE WRAP

Grilled vegetables including portabella mushrooms, red peppers, eggplant, zucchini, yellow squash & carrots, with fresh mozzarella cheese and basil-pesto spread in a wheat tortilla. Served with fresh fruit & dessert.

1-4 ..... \$11.25  
5-49 ..... \$11.00  
50+ ..... \$10.50  
100+ ..... \$10.00



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## THE SUPERVISOR

### CHICKEN CAESAR SALAD WRAP

Marinated grilled chicken, grated Parmesan cheese, Julienne romaine lettuce & homemade Caesar dressing in a spinach tortilla. Served with fresh fruit & dessert.

1-4 ..... \$11.25

5-49 ..... \$11.00

50+ ..... \$10.50

100+ ..... \$10.00

## THE PROMOTION

### CHICKEN, TURKEY BACON & GORGONZOLA WRAP

Grilled chicken breast, turkey bacon crumbles, gorgonzola cheese, crisp apple slices, toasted almonds & shredded lettuce in a wheat tortilla with raspberry chipotle spread on the side. Served with fresh fruit & dessert.

1-4 ..... \$12.25

5-49 ..... \$12.00

50+ ..... \$11.50

100+ ..... \$11.25

## THE PLANNER

### SOUTHWEST CHICKEN WRAP

Sliced grilled chicken, pepper jack cheese, avocado, red onion, lettuce, tomato, & zesty raspberry chipotle spread in a sundried tomato tortilla. Served with fresh fruit & dessert.

1-4 ..... \$12.25

5-49 ..... \$12.00

50+ ..... \$11.50

100+ ..... \$11.25



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## BOXED SALADS

**BOXED SALAD LUNCH PRICING AVAILABLE MONDAY-FRIDAY 10AM-4PM (EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**

**PICK UP OPTION AVAILABLE**

### THE C-SUITE (vegetarian & vegan)

#### iNATURAL's KALE SALAD

iNatural's signature anti-oxidant boosting kale salad with thinly shredded red & green cabbage, cucumber & tomato tossed in chefs 10-spice secret ingredient house blended vinaigrette dressing. A must try! Served with organic mini palm biscuits.

1-4 ..... \$8.75

5-49 ..... \$8.50

50+ ..... \$8.00

100+ ..... \$7.25

Add Tuna: \$2.50 upcharge

Add Tilapia or Hake: \$2.75 upcharge

Add Chicken or Turkey: \$3.00 upcharge

Add Chicken Salad: \$3.25

Add Shrimp: \$3.50

Add Stuffed Tilapia or Stuffed Hake: \$3.55

Add Stuffed Chicken or Stuffed Turkey: \$3.75

Add Beef: \$4.00 upcharge - Beef Tenderloin: \$7.00

Add Salmon: \$5.50





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## THE MERGER

### **iNATURAL's COBB SALAD**

Chopped grilled chicken, turkey bacon crumbles, avocado, tomato, hard boiled egg & crumbled bleu cheese on a bed of lettuce with in-house made ranch dressing. Served with a honey corn meal muffin.

1-4 ..... \$11.75

5-49 ..... \$10.75

50+ ..... \$9.50

100+ ..... \$9.25

## THE DEADLINE

### **iNATURAL'S CHEF SALAD**

Chicken, roast beef, and turkey, served with Swiss cheese, cheddar cheese, egg & tomato, on a bed of romaine & iceberg lettuce, with in-house made ranch dressing. Served with a sourdough roll.

1-4 ..... \$12.25

5-49 ..... \$11.25

50+ ..... \$10.00

100+ ..... \$9.75

## THE SYSTEM

### **GRILLED CHICKEN & PEAR SALAD**

Grilled chicken breast on a bed of romaine & wild field greens, served with pear slices, dried cranberries, candied walnuts, goat cheese & a pear vinaigrette dressing. Served with a honey corn meal muffin.

1-4 ..... \$13.00

5-49 ..... \$12.00

50+ ..... \$11.75

100+ ..... \$10.50



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## THE CLIENT

### CHICKEN CAESAR SALAD

Romaine lettuce, Parmesan cheese, fresh herb croutons and Caesar dressing, topped with grilled chicken breast. Served with a garlic roll.

1-4 .....	\$11.75
5-49 .....	\$10.75
50+ .....	\$9.50
100+ .....	\$9.25

## THE DEAL

### TRADITIONAL CAESAR SALAD

Romaine lettuce, Parmesan cheese, fresh herb croutons and Caesar dressing - Served with an iNatural garlic crostini

1-4 .....	\$8.75
5-49 .....	\$8.50
50+ .....	\$8.00
100+ .....	\$7.50

Add Tuna: \$2.50 upcharge

Add Tilapia or Hake: \$2.75 upcharge

Add Chicken or Turkey: \$3.00 upcharge

Add Chicken Salad: \$3.25

Add Shrimp: \$3.50

Add Stuffed Tilapia or Stuffed Hake: \$3.55

Add Stuffed Chicken or Stuffed Turkey: \$3.75

Add Beef: \$4.00 upcharge - Beef Tenderloin: \$7.00

Add Salmon: \$5.50



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## THE ACQUISITION

### CARAMELIZED PECAN CAESAR SALAD

Mixed field greens, romaine lettuce, grape tomatoes, caramelized pecans, dried cranberries, fresh herb croutons. Served with homemade Caesar or Greek dressing & homemade yeast rolls.

1-4 .....	\$10.25
5-49 .....	\$9.25
50+ .....	\$8.00
100+ .....	\$7.75

Add Tuna: \$2.50 upcharge

Add Tilapia or Hake: \$2.75 upcharge

Add Chicken or Turkey: \$3.00 upcharge

Add Chicken Salad: \$3.25

Add Shrimp: \$3.50

Add Stuffed Tilapia or Stuffed Hake: \$3.55

Add Stuffed Chicken or Stuffed Turkey: \$3.75

Add Beef: \$4.00 upcharge - Beef Tenderloin: \$7.00

Add Salmon: \$5.50

## THE CLOSE

### GARDEN SALAD

Fresh romaine & iceberg lettuce blend, tomatoes, cucumber, carrots & cheddar cheese & fresh herb croutons. Served with 2 mini palm biscuits.

1-4 .....	\$8.75
5-49 .....	\$8.50
50+ .....	\$8.00
100+ .....	\$7.50



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- Add Tuna: \$2.50 upcharge
- Add Tilapia or Hake: \$2.75 upcharge
- Add Chicken or Turkey: \$3.00 upcharge
- Add Chicken Salad: \$3.25
- Add Shrimp: \$3.50
- Add Stuffed Tilapia or Stuffed Hake: \$3.55
- Add Stuffed Chicken or Stuffed Turkey: \$3.75
- Add Beef: \$4.00 upcharge - Beef Tenderloin: \$7.00
- Add Salmon: \$5.50

## THE PROPOSAL

### GREEK SALAD

Romaine lettuce, tomatoes, cucumber, black olives, Pepperoncini, feta cheese & herb croutons. Served with a garlic roll.

- 1-4 ..... \$9.25
- 5-49 ..... \$8.75
- 50+ ..... \$8.25
- 100+ ..... \$7.75

- Add Tuna: \$2.50 upcharge
- Add Tilapia or Hake: \$2.75 upcharge
- Add Chicken or Turkey: \$3.00 upcharge
- Add Chicken Salad: \$3.25
- Add Shrimp: \$3.50
- Add Stuffed Tilapia or Stuffed Hake: \$3.55
- Add Stuffed Chicken or Stuffed Turkey: \$3.75
- Add Beef: \$4.00 upcharge - Beef Tenderloin: \$7.00
- Add Salmon: \$5.50



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## DINNER

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**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**

**PICK UP OPTION AVAILABLE**

**COMES WITH YOUR CHOICE OF 3 ACCOMPANIMENTS AND DINNER ROLLS. (15 Person Minimum)\***

### CHICKEN ELLIOTT

Tender boneless breast filled with apple-nut stuffing. Served with bing cherry sauce.

### CHICKEN PIGNOLI

Stuffed breast with gruyere, fontina, and Parmesan cheese, with pinenuts and sundried tomatoes. Served with a sundried tomato pesto sauce.

### CHICKEN PRIMAVERA

Boneless breast stuffed with julienne vegetables and Parmesan cheese. Served with a champagne cream sauce.

### CHICKEN VERONIQUE

Lightly sautéed boneless chicken breast. Served in a creamy champagne sauce and topped with red & green grapes.

### CHICKEN MARSALA

Tender boneless breast sautéed with mushrooms. Served in a marsala wine cream sauce.



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## **CHICKEN CABERNET**

Tender boneless breast filled with dried cherries and brie cheese. Served with a cabernet reduction sauce.

## **CHICKEN PARMIGIANA**

Classic parmigiana with marinara sauce and mozzarella cheese.

## **CRANBERRY HAZELNUT CHICKEN**

Breast of chicken stuffed with prosciutto, havarti cheese, and almond paste with a frangelica cream sauce, dried cranberries and hazelnuts.

## **SANTORINI CHICKEN**

Boneless breast of chicken grilled with lemon herb seasoning. Garnished with artichoke hearts, sundried tomatoes, capers & shredded fresh basil.

## **CHICKEN DIJONNAISE**

Tender boneless breast filled with mushrooms. Served with a creamy dijon sauce.

## **CHICKEN FLORENTINE**

Tender boneless breast filled with spinach and prosciutto. Served with a roasted red bell pepper sauce.

## **ZUCCHINI LIME CHICKEN**

Breast of chicken filled with zucchini and lime bread stuffing. Served with a lime chardonnay sauce.

## **CARIBBEAN CHICKEN**

Breast of chicken filled with mango, banana, coconut and Caribbean spiced cream cheese. Served with a dark rum cream sauce.

## **CHICKEN BENEVOLENZA**

Chicken topped with sundried tomato, asparagus, and corn. Served with a lemon champagne beurre blanc sauce.



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## SOUTHWEST CHICKEN

Boneless breast filled with pepper jack cheese. Served with a cilantro tomatillo sauce.

## PRICES

15-24 guests ..... \$26.00  
25-99 guests ..... \$24.00  
100 or more ..... \$23.00

## ADD A SECOND ENTREE

**FILET MIGNON (#1 SELLER)** \*Requires Two Day Notice Served with crunchy onions, charred three onion sauce and Argentinean chimichurri.

..... \$12.00 per person

**PRIME RIB** \*Requires Two Day Notice Served with au jus and creamed horseradish.

..... \$12.00 per person

**GARLIC & HERB ROASTED SIRLOIN TIP** Served with Argentinean chimichurri and bourbon horseradish.

..... \$8.00 per person



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# DINNER

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**COMES WITH YOUR CHOICE OF 3 ACCOMPANIMENTS AND DINNER ROLLS. (15 Person Minimum)\***

## CHICKEN BROCHETTES

Chicken brochettes with a tangy teriyaki glaze or gluten-free sweet-and-sour sauce

15-24 ..... \$19.00

25-99 ..... \$18.00

100+ ..... \$17.00

## GARLIC AND HERB ROASTED SIRLOIN TIP

Served with Argentinean chimichurri and bourbon horseradish sauce

15-24 ..... \$27.00

25-99 ..... \$26.00

100+ ..... \$25.00

## GRILLED NEW YORK STEAK *\*Requires Two Day Notice*

Served with au jus and creamed horseradish.

15-24 ..... \$30.00

25-99 ..... \$29.00

100+ ..... \$28.00





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## PRIME RIB *\*Requires Two Day Notice*

Served with au jus and creamed horseradish.

15-24 .....	\$33.00
25-99 .....	\$32.00
100+ .....	\$30.00

## SMOKED BBQ BRISKET OF BEEF *\*Requires Two Day Notice*

Served with BBQ sauce (requires 2 day notice).

15-24 .....	\$22.00
25-99 .....	\$19.00
100+ .....	\$18.00

## CENTER CUT FILET MIGNON *\*Requires Two Day Notice*

Served with charred three-onion sauce, béarnaise and crunchy onions.

15-24 .....	\$34.00
25-99 .....	\$33.00
100+ .....	\$31.00

## THE CARVERY

Honey glazed ham with dijon mustard and turkey breast with fresh cranberry relish.

25-99 .....	\$25.00
100+ .....	\$24.00

## THE CARVERY II

Choose one:

**HONEY GLAZED HAM**

**TURKEY BREAST WITH FRESH CRANBERRY RELISH *\*Requires Two Day Notice***

Choose one:

**FILET MIGNON WITH BÉARNAISE AND CHARRED THREE ONION SAUCE *\*Requires Two Day Notice***

**PRIME RIB WITH AU JUS AND CREAMED HORSERADISH *\*Requires Two Day Notice***

25-99 .....	\$35.00
100+ .....	\$32.00



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## DINNER

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**PICK UP OPTION AVAILABLE**

**COMES WITH YOUR CHOICE OF 3 ACCOMPANIMENTS AND DINNER ROLLS. (15 Person Minimum)\***

**SELECT 3 CATEGORIES FROM 4 CHOICES TO COMPLETE YOUR DINNER MENU (I. PASTA;  
II. VEGETABLES; III. POTATOES & RICE; IV. SALAD)**

### I. PASTA

#### **TORTELLINI WITH CREAMY PESTO**

Cheese tortellini cooked al dente. Tossed in our basil pesto cream sauce with Parmesan cheese

#### **VEGETARIAN ROTOLO BOLZANO**

"Chef's Award Winner" pasta sheet rolled around our special blend of fresh vegetables. Baked in marinara sauce and napped with fontina cheese sauce

#### **STUFFED PASTA SHELLS**

Jumbo shells, stuffed with a blend of ricotta, Parmesan cheese and fresh herbs. Baked in marinara and alfredo sauces

#### **PENNE ALLA CHECCA**

Fresh tomato, garlic and basil tossed in olive oil with penne pasta



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**PENNE PASTA**

Italian sausage, Roma tomatoes, garlic, and fresh basil tossed in iNatural's Marinara Sauce and topped with Parmesan cheese

**FUSILLI PASTA**

Mushrooms, sundried tomatoes, peppers, and garlic tossed with alfredo sauce and topped with Parmesan cheese

**TORTELLINI CORSICA** (upgrade \$1.00)

Mushrooms and pancetta tossed in a cream sauce and topped with Parmesan cheese

**BOW TIE PASTA CARBONARA** (upgrade \$1.00)

Al dente bow tie pasta. Tossed in alfredo sauce with shredded Parmesan cheese, pancetta and mushrooms

## II. VEGETABLES

**JULIENNE VEGETABLES**

Zucchini, yellow squash and carrots.

**FRESH VEGETABLE MEDLEY**

Broccoli, cauliflower, carrots and zucchini.

**GREEN BEANS**

Sautéed with shallots and fresh dill.

**GLAZED CARROTS**

Grand marnier, cranberries and orange marmalade reduction.

**ENGLISH PEAS**

With sautéed shallots, garlic and fresh mint.



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## DINNER

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**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

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**PICK UP OPTION AVAILABLE**

**COMES WITH YOUR CHOICE OF 3 ACCOMPANIMENTS AND DINNER ROLLS. (15 Person Minimum)\***

**SELECT 3 CATEGORIES FROM 4 CHOICES TO COMPLETE YOUR DINNER MENU (I. PASTA;**

**II. VEGETABLES; III. POTATOES & RICE; IV. SALAD)**

### II. VEGETABLES (cont'd)

#### **GRILLED MARINATED VEGETABLES**

Includes grilled bell peppers, eggplant, squash, carrots, kalamata olives & artichoke hearts

#### **STEAMED BROCCOLI**

Served with pimento butter

#### **STEAMED ASPARAGUS (upgrade \$2.00)**

Served with garlic butter



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**SELECT 3 CATEGORIES FROM 4 CHOICES TO COMPLETE YOUR DINNER MENU (I. PASTA;  
II. VEGETABLES; III. POTATOES & RICE; IV. SALAD)**

### **III. POTATOES & RICE**

#### **RED ROASTED GARLIC POTATOES**

Quartered new potatoes with roasted garlic.

#### **GARLIC MASHED POTATOES**

Roasted garlic mashed potatoes blended with sour cream

#### **AU GRATIN POTATOES**

Diced potatoes blended with cheddar, jack and gruyere cheeses in mornay sauce. Baked with seasoned breadcrumbs.

#### **SCALLOPED POTATOES**

Creamy potatoes medallions thinly sliced and baked with cheddar cheese.

#### **MASHED POTATOES**

Fresh mashed potatoes blended with sour cream.

#### **PARSLEY BUTTERED POTATOES**

New potatoes sautéed in butter and chopped parsley.

#### **RICE PILAF**

Traditional rice pilaf with sliced almonds and mushrooms.

#### **CHAMPAGNE RICE PILAF**

Rice and mirepoix of vegetables. Baked in champagne with a bouquet of fresh herbs.

#### **DAUPHINOISE POTATOES (upgrade \$1.50)**

Thinly sliced potatoes baked with garlic, Parmesan cheese and cream.

#### **JASMINE RICE (upgrade \$1.00)**

Thailand aromatic rice blended with dried cherries and freshly chopped cilantro.



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## DINNER

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**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**  
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**PICK UP OPTION AVAILABLE**

**COMES WITH YOUR CHOICE OF 3 ACCOMPANIMENTS AND DINNER ROLLS. (15 Person Minimum)\***

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II. VEGETABLES; III. POTATOES & RICE; IV. SALAD)**

### IV. SALAD

#### **CAESAR SALAD**

Crisp romaine, homemade focaccia croutons, and fresh grated Parmesan cheese. Served with our creamy Caesar dressing.

#### **MIXED GREEN SALAD**

Mixed greens, cucumber, cherry tomatoes, and shredded carrots. Served with ranch dressing & herb vinaigrette.

#### **INATURAL'S SIGNATURE KALE SALAD**

Hearty kale greens marinated in iNatural's signature 10-spice house blended vinaigrette kale dressing

#### **PEAR SALAD (upgrade \$2.00)**

Mixed greens with sliced pears, aged stilton cheese and candied walnuts. Served with a pear and white balsamic vinaigrette.



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#### IV. SALAD (cont'd)

**WILD CHERRY SALAD** (upgrade \$2.00)

Wild field greens, dried cherries, candied macadamia nuts and goat cheese. Served with sesame soy vinaigrette.

**FOUR BERRY SALAD** (upgrade \$2.00)

Summer season only! Wild field greens with strawberries, raspberries, black berries and blueberries, feta cheese, red onion and candied pecans. Served with raspberry vinaigrette.

**MANGO SALAD** (upgrade \$2.00)

Summer season only! Romaine and wild field greens with sliced mango, red onion, julienne carrots, roma tomato, and jalapeno jack cheese. Served with mango vinaigrette.

**WILD MUSHROOM SALAD** (upgrade \$2.00)

Romaine and wild field greens with wild mushrooms, grilled green and white asparagus, roma tomatoes, feta cheese, and red onion. Served with balsamic vinaigrette.



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## DINNER - ITALIAN

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**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

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**PICK UP OPTION AVAILABLE**

### CHOOSE 2 ENTREES:

ITALIAN, VEGETARIAN, OR CHICKEN ALFREDO  
LASAGNA

ROTELLI OR BOWTIE ALFREDO

PENNE MARINARA

CHICKEN RIGATONI

CHICKEN OR VEGETARIAN ROTOLO BOLZANO

CHEESE TORTELLINI WITH CREAMY PESTO

CHEESE RAVIOLI WITH ROASTED RED BELL PEPPER  
SAUCE

ITALIAN MARINATED CHICKEN BROCHETTES (upgrade \$2.50)

CHICKEN PARMIGIANA (upgrade \$3.00)

CHICKEN TUSCANY (upgrade \$3.00)

STUFFED PASTA SHELLS

ROSEMARY GRILLED CHICKEN (upgrade \$2.00)

POTATO GNOCCHI WITH GORGONZOLA SAUCE

### CHOOSE 2 SIDES:

GRILLED MARINATED VEGETABLES

SLICED TOMATOES WITH BUFFALO MOZZARELLA

ZUCCHINI WITH TOMATOES AND ONIONS

GREEN BEANS WITH TOMATOES AND ONIONS

FRESH VEGETABLE MEDLEY

CAPRESE SKEWERS (upgrade \$1.00)

### CHOOSE 1 SALAD:

CAESAR SALAD

MIXED GREEN SALAD

MEDITERRANEAN SALAD (upgrade \$2.00)

WILD MUSHROOM SALAD (upgrade \$2.00)

Served with garlic rolls & butter.

15-24 ..... \$17.00

25-49 ..... \$16.00

50+ ..... \$15.00





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## DINNER - POLYNESIAN

**DINNER PRICING AVAILABLE MONDAY-FRIDAY 4PM-6PM (LATE EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**

**PICK UP OPTION AVAILABLE**

### CHOOSE TWO ENTRÉES

**TERIYAKI CHICKEN BROCHETTES**

**MANGO CHICKEN**

**POLYNESIAN CHICKEN**

**TERIYAKI SIRLOIN TIP (upgrade \$4.00)**

**SLOW ROASTED BEEF BRISKET WITH PINEAPPLE BBQ SAUCE \*Requires Two Day Notice (upgrade \$2.00)**

**SWEET AND SOUR ASIAN SPARERIBS (upgrade \$3.00)**

**MACADAMIA MAHI MAHI \*Requires On-Site Chef (upgrade \$4.00)**

**TERIYAKI SALMON \*Requires On-Site Chef (upgrade \$4.00)**

### CHOOSE THREE SIDES

**CRAB CAKES WITH MANGO PAPAYA SALSA**

**HAWAIIAN RICE**

**PINEAPPLE FRIED RICE**

**SEASONAL FRESH FRUIT**

**CANDIED SWEET POTATOES**

**WASABI MASHED POTATOES**

**ORANGE GLAZED CARROTS**

**HAWAIIAN STIR FRY VEGETABLES**

**WILD CHERRY SALAD**

**PAPAYA SALAD**

Includes Hawaiian sweet rolls & butter.

15-24 ..... \$21.00

25-49 ..... \$20.00

50+ ..... \$19.00



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## DINNER - BBQ

**DINNER PRICING AVAILABLE MONDAY-FRIDAY 4PM-6PM (LATE EVENINGS, HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

**ORDERS BELOW MINIMUM REQUIREMENT MAY BE ASSESSED 20% GRATUITY**

**PICK UP OPTION AVAILABLE**

### ENTRÉES:

**BBQ CHICKEN**

**16-HOUR SMOKED BEEF BRISKET** *\*Requires Two Day Notice*

**BBQ PULLED PORK**

**ST. LOUIS PORK RIBS**

**BBQ SIRLOIN TIP** (upgrade \$4.00)

**BABY BACK RIBS** (upgrade \$4.00)

**CHICKEN BROCHETTES** (upgrade \$2.00)

**BUILD YOUR OWN BURGER** (upgrade \$2.50) *\*Requires on site chef.*

### CHOOSE 3 SIDES:

**MACARONI & CHEESE**

**BAKED BEANS**

**FRESH FRUIT**

**COLE SLAW**

**MACARONI SALAD**

**POTATO SALAD**

**FRUIT SALAD**

**CAESAR SALAD**

**MIXED GREEN SALAD**



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## **CHOOSE 1:**

**FRESH BAKED ROLLS & BUTTER  
CORNBREAD MUFFINS & HONEY BUTTER**

### One Entree:

15-24 ..... \$16.00  
25-49 ..... \$15.00  
50+ ..... \$14.00

### Two Entrees:

15-24 ..... \$20.00  
25-49 ..... \$19.00  
50+ ..... \$18.00

## **BUILD YOUR OWN BURGER**

Served with iNatural's Fresh Baked Hamburger Buns, lettuce, tomatoes, onion, pickles, jack & cheddar cheese, condiments, and choice of three sides.

25-49 ..... \$14.50  
50-99 ..... \$13.50  
100+ ..... \$12.50

### **GOURMET TOPPINGS**

Avocado ..... \$1.00/ person  
Caramelized Onions, Bacon, Blue Cheese, & Red Pepper, Aioli ..... \$2.50 / person

## **ADDITIONS**

**HOT DOGS** 1/4 pound ..... \$3.00 each  
**CHILI DOGS** ..... upgrade \$1.50  
**WHOLE BBQ CORN IN HUSK WITH TOPPINGS** ..... \$2.50 each  
**CHICKEN BROCHETTES** ..... \$4.00 each



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## HORS D'OEUVRES

**HORS D'OEUVRES PRICING AVAILABLE MONDAY-FRIDAY (HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

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**PICK UP OPTION AVAILABLE**

## HOT AND COLD ASSORTMENT

**INATURAL'S FAMOUS MINI CHEESE ROLL SANDWICHES** Two per person.

**MEATBALLS** Italian, Swedish or Sweet & Sour. Two per person.

**CHICKEN DRUMMETTES** Teriyaki or Spicy. Two per person.

**DEVILED EGGS**

**FRESH VEGETABLE PLATTER WITH RANCH DIP**

25-49 ..... \$13<sup>50</sup>

50+ ..... \$12<sup>50</sup>

## THE GATHERING FARE

**INATURAL'S FAMOUS CHEESE ROLL SANDWICHES - PORTION 1-1/2 SANDWICHES PER PERSON**

**GOURMET CHEESE PLATTER**

**LAYERED BASIL CREAM CHEESE TORTE**

**ASSORTED CRACKERS & CROSTINIS**

**HUMMUS TRIO WITH BAKED PITA TRIANGLES**

**CHICKEN SPRING ROLLS WITH PEANUT SAUCE**

**CALIFORNIA ROLLS**

**CRUDITE TRAY WITH BUTTERMILK RANCH**

25-49 ..... \$16<sup>50</sup>

50+ ..... \$15<sup>500</sup>



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## TUSCAN BRUSCHETTA BAR

Served with French Olive Baguettes, Ciabatta, Raisin Bread & Flatbread.

**SPRING PEA HUMMUS**

**SAFFRON TOMATO**

**CARAMELIZED ONIONS WITH ROASTED GARLIC**

**SAUTÉED WILD MUSHROOMS**

25+ ..... \$10.00

## COCKTAIL MENU

**CAPRESE SKEWER w/ GRAPE TOMATOES DRIZZLED WITH BALSAMIC VINAIGRETTE**

**CHICKEN SPRING ROLL WITH PEANUT SAUCE**

**ROASTED LEMON-PARMESAN ARTICHOKE HEARTS**

**FIG JAM & GOAT CHEESE WONTON FINISHED W/ A SPRIG OF FRESH MINT**

**MINI CRAB CAKES WITH MANGO PAPAYA SALSA ON CROSTINI**

**STUFFED MUSHROOM WITH CHOICE OF TURKEY SAUSAGE, OR CHICKEN**

**BASIL PESTO HUMMUS WITH ASSORTED BREADS**

25-49 ..... \$19.50

50+ ..... \$18.50



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## THE EXQUISITE

Beginnings: *Served with an Assortment of Homemade Pita Chips, Artisan Breads & Crackers*

**PARMESAN CRUSTED CRAB DIP**

**SMOKED SALMON DIP**

**EUROPEAN AND DOMESTIC CHEESES**

**FRESH VEGETABLES WITH A GARDEN HERB DIP**

**HUMMUS TRIO**

Short Plate Station:

**STILTON MASHED POTATO MARTINI WITH GRILLED BABY LAMB CHOP**

**CRAB CAKE SLIDER WITH MICRO GREENS AND MANGO PAPAYA RELISH SERVED ON A HAWAIIAN BUN WITH WHIPPED HORSERADISH**

## TRAY PASSED HORS D'OEUVRES

**SESAME SEARED AHI ON A WONTON CHIP WITH WASABI AIOLI**

**CARAMELIZED BACON AND FILET LOLLIPOP WITH GORGONZOLA CRUMBLES AND A PORT PLUM REDUCTION GLAZE**

**SHRIMP MASCARPONE STUFFED ARTICHOKE HEART WITH GOAT CHEESE RADICCHIO WRAP**

25-49 ..... \$42.00

50+ ..... \$39.00



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## FINGER FOODS

**FINGER FOOD PRICING AVAILABLE MONDAY-FRIDAY (HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

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**PICK UP OPTION AVAILABLE**

### SERVED WITH:

FRESH FRUIT

ASSORTED SCONES

CHOCOLATE COVERED CHEESE PUFFS

FRUIT TARTLETS

## TEA SANDWICHES

Select three (3):

CUCUMBER & CRÈME CHEESE

CUCUMBER, CHESTNUT & CRÈME CHEESE

EGG SALAD TEA PUFF

TURKEY ON FOCACCIA WITH SUNDRIED TOMATO

CASHEW CHICKEN SALAD TEA PUFF

TUNA ON SQUAW

SMOKED SALMON ON PUMPERNICKEL

FOCACCIA WITH CRÈME CHEESE, ONION & TOMATO

FETA CHEESE & PROSCIUTTO

TURKEY & CRANBERRY CRÈME CHEESE ON SQUAW

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20+ ..... \$16.00 / PER PERSON



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## DESSERT

**DESSERT PRICING AVAILABLE MONDAY-FRIDAY (HOLIDAYS & WEEKENDS MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

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**PICK UP OPTION AVAILABLE**

### OREO CAKE

Yellow cake, cookies & cream frosting, Oreo topping

### LEMON POUND CAKE

Yellow cake, lemon icing

### CARROT CAKE

Cream cheese frosting, walnuts

### COCONUT CAKE

Yellow cake soaked in coconut cream, cream cheese frosting, coconut flakes

### RED VELVET CAKE

Red velvet interior cream cheese frosting

### GERMAN CHOCOLATE CAKE

Coconut pecan filling, chocolate buttercream frosting





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### **ITALIAN CREAM CAKE**

Yellow Cake, rum mascarpone cream frosting

### **TRIPPLE CHOCOLATE FUDGE CAKE**

Chocolate cake, double fudge frosting, mini chocolate chips

### **QUATRO LECHES CAKE**

Yellow cake soaked in 4 milks, Kahlua buttercream frosting

### **DARK CHOCOLATE MOUSSE CAKE**

Chocolate cake, chocolate mousse, chocolate ganache topping

### **APPLE CRUMB PIE**

Apples, nutmeg/cinnamon crumb topping

### **CHOCOLATE PECAN PIE**

9" deep-dish pie with chocolate chips

### **TRADITIONAL PECAN PIE**

9" deep dish

### **KEY LIME PIE**

10" deep dish

### **COOKIE ASSORTMENT AVAILABLE**

Chocolate chip, chocolate chip pecan, sugar, oatmeal raisin, peanut butter, white chocolate macadamia nut, chocolate walnut, snicker doodle



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## MINIATURE SWEETS

Assortment of bite sized morsels: cupcakes, brownies, sweet breads, sugared, puffed and powdered delights

## TROPICAL DESSERT STATION

A collection of mango dessert shots, chocolate dipped strawberries, tropical fruit tarts, mini coconut capped Bavarian cupcakes, & chocolate dipped banana cream puffs.

Minimum 25+ ..... \$7.50 / person

100+ ..... \$7.00 / person

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## BEVERAGE

**BEVERAGE PRICING AVAILABLE MONDAY-FRIDAY 5AM-5PM (EVENINGS, HOLIDAYS & WEEKEND PRICES MAY VARY)**

**INCLUDES DISPOSABLE SERVICEWARE**

**MINIMUM 10 PERSON ORDER FOR LOCAL DELIVERY**

**MINIMUM \$150 MEAL ORDER PER LOCAL DELIVERY**

**MINIMUM \$300 MEAL ORDER PER DISTANCE DELIVERY**

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**PICK UP OPTION AVAILABLE**

### ICED TEA, IN-HOUSE BREWED (sweet and unsweet)

16 oz. ....	\$1.50
1/2 gallons .....	\$3.99
1 gallon .....	\$7.99
2.5 gallons .....	\$19.99
5.0 gallons .....	\$40.00

### LEMONADE, IN-HOUSE MADE

16 oz. ....	\$1.50
1/2 gallon .....	\$4.99
1 gallon .....	\$9.99
2.5 gallons .....	\$24.99
5.0 gallons .....	\$50.00

### ARNOLD PALMER, HOUSE BLENDED

16 oz. ....	\$1.75
1/2 gallon .....	\$4.99
1 gallon .....	\$11.25
2.5 gallons .....	\$24.99
5.0 gallons .....	\$50.00

### HOUSE PUNCH May include lemonade, sprite, fresh strawberry puree, and tropical fruit infusion

16 oz. ....	\$2.00
1/2 gallon .....	\$7.99
1 gallon .....	\$15.50
2.5 gallons .....	\$37.49
5.0 gallons .....	\$73.99



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## NAKED JUICE

15.2 oz. green machine, orange, protein ..... \$3.75 each

## SNAPPLE / MISTIC

16 oz. assorted flavors ..... \$2.75 each

## GATORADE / POWERADE

20 oz. .... \$2.25 each

## BOTTLED SPRING WATER

16.9 oz. .... \$1.50 each

## VOSS ARTESIAN WATER

330 ml ..... \$2.00 each

800 ml ..... \$4.00 each

## PERRIER (glass)

11.15 oz. .... \$2.00 each

## SAN PELLEGRINO (glass)

16.9 oz. .... \$2.75 each

## SAN PELLEGRINO (liter glass)

1 Liter ..... \$3.50 each

## EVIAN

1.5 Liter ..... \$3.75 each

## MONSTER / ROCKSTAR

16 oz. .... \$2.99 each



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## RED BULL

8.4 oz. (diet & regular) ..... \$2.50 each

## ASSORTED SODAS

diet & regular (12 oz. cans) ..... \$1.50 each

Root Beer ..... \$1.80 each

## ASSORTED 2 L SODAS

diet & regular (2 Liter Bottle) ..... \$3.50 each

## ASSORTED SODAS

diet & regular (20 oz. bottle) ..... \$2.25 each

## FRUIT JUICE Orange, Apple, Grape, Cranberry

6-8 oz. .... \$1.50

16 oz. .... \$2.25

64 oz. .... \$8.00

1 gallon, 16 cups ..... \$15.00

5.0 gallons, 80 cups ..... \$75.00

## FRESH PRESSED JUICE & TONIC COMBOS

PLEASE INQUIRE AS PRICES VARY SEASONALLY AND BY AVAILABILITY



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## HOT TEA (assorted flavors)

Individual Packets .....	\$1.25 each
1 box, 10-12 cups .....	\$16.99
1 gallon, 16 cups .....	\$21.99
2.5 gallons, 40 cups .....	\$53.99
5.0 gallons, 80 cups .....	\$105.00

## HOT CHOCOLATE

1 box, 10-12 cups .....	\$19.99
1 gallon, 16 cups .....	\$25.49
2.5 gallons, 40 cups .....	\$63.25
5.0 gallons, 80 cups .....	\$125.00

## COFFEE (decaf or regular)

1 box, 10-12 cups .....	\$17.99
1 gallon, 16 cups .....	\$21.99
2.5 gallons, 40 cups .....	\$53.99
5.0 gallons, 80 cups .....	\$105.00

## ICED COFFEE

1 gallon, 16 cups .....	\$25.00
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